



## EDUCATION-BASED ATHLETICS COVID-19 MODIFICATIONS

- [CDPH Youth Sports Guidelines](#) (please review for complete Return to Play details)
- [CLICK HERE for more information on State Testing](#)
- **CIF Guidelines will be adjusted weekly**
- **In the event of a positive test for COVID-19, schools will follow the current [CDPH Guidelines for Schools](#)**
- **Any student-athlete testing positive for COVID-19 may not return to practice or competition until cleared by their physician**
- **Schools must still follow all guidelines from their local county and the governing board of their school district or private/parochial school**

### **CIF Season 1 Sports (January - April):**

Traditional Competitive Cheer, Cross Country, Field Hockey, Football, Gymnastics, Skiing/Snowboarding, Girls Volleyball, Water Polo

**March 23, 2021**  
**County Tier Status**

### **CIF Season 2 Sports (March - June):**

Badminton, Baseball, Basketball, Competitive Sport Cheer, Golf, Lacrosse, Soccer, Softball, Swimming & Diving, Tennis, Track & Field, Boys Volleyball, Wrestling

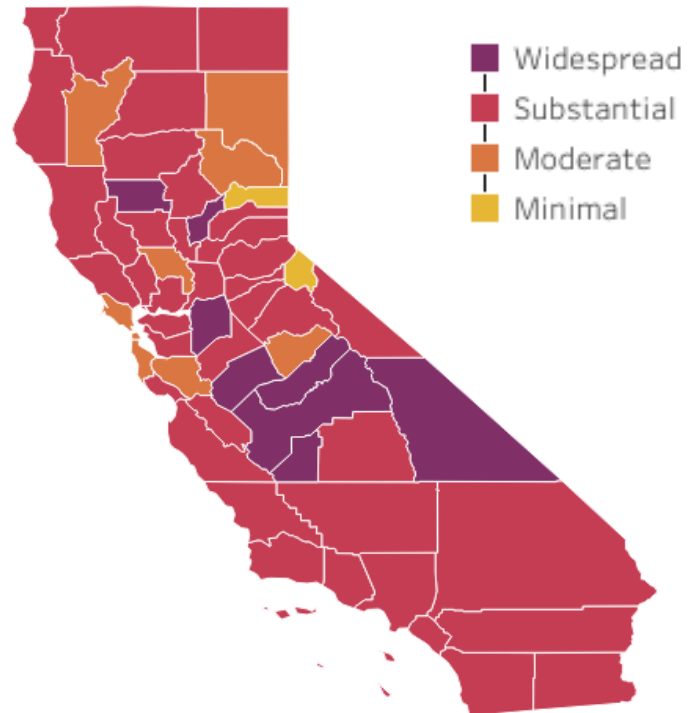
<sup>^</sup>Please refer to respective CIF Sections for verification of seasons of sport

**\*Outdoor Sports in Red (Substantial) and Orange (Moderate) Tiers may hold competitions, regardless of county tier status, if respective county COVID-19 adjusted case rate is equal to or less than 14 per 100,000.**

Additionally, the sports of **football and water polo** must conduct COVID-19 testing at any time when your county falls into the adjusted case rate of 7-14 per 100,000. Please [CLICK HERE for more information on State Testing](#)

Please visit the [State Dashboard](#) for the latest county case rate data.

**Indoor Sports** are allowed only if teams adhere to the additional requirements by CDPH. [Conditions for Return to Play if Not Otherwise Authorized](#)



#### WIDESPREAD

Sports allowed in this tier: Cross Country, Golf, Skiing/Snowboarding, Swimming & Diving, Tennis, and Track & Field.

#### MODERATE

Sports allowed in this tier: Badminton, \*Football, Gymnastics, \*Boys Lacrosse, \*Soccer, and \*Water Polo.

#### SUBSTANTIAL

Sports allowed in this tier: \*Baseball, \*Field Hockey, \*Girls Lacrosse, and \*Softball.

#### MINIMAL

Sports allowed in this tier: Basketball, Competitive Cheerleading, Volleyball, and Wrestling.