

e-NDDC Collaboratory News

May 2007

In an effort to provide information, updates, tips and tools to our Collaboratory Teams, both graduates and current, we have developed this e-NDDC newsletter. The e-NDDC items are brief, and more information or details can be found on www.familydocs.org, in the NDDC Resource Center. Please let us know what content you would find most useful, and submit your "STOC" wins for our Team Spotlight section. Contact us: snewman@familydocs.org or jcho@familydocs.org.

NDDC Resource Center is Launched

Look for the NDDC button on CAFP's homepage at www.familydocs.org. The button will take you directly to our new resource center. This entire section of our website has been re-designed and dedicated to New Directions in Diabetes Care. It includes information on the collaboratory, care model change package, tools and resources, and important links.

In particular, we have made available many practical samples in the Tools and Resources section, such as template flow sheets, signs, ophthalmology referral forms, and group visit materials. Other resources include patient action plans for self-management, clinical best practices, journal articles and a range of other tools. The new center will also have video presentations -- NDDC Conversations -- of past Learning Session and Scientific Assembly presenters. If you have forms, signs, or other tools you would like to share in the resource center, please send an email to either Sandy or Jane. And we are now accepting on-line applications for Collaboratory #3 (C3) participation!

Preparing for C3 – We are preparing for our third New Directions in Diabetes Care Collaboratory. We are in the process of finalizing the schedule and materials for 2007-2008. We need your help to recruit family physicians for the next round. Six teams have already signed up. Please contact a colleague and invite them to join! There's a \$50 gift certificate for any practice that recruits a C3 participant.

Practice Management News – P4P

The May 2007 issue of *Practice Management News* addresses pay-for-performance (P4P). The article goes through the basics of P4P, what it is and how to get started. It also features Medicare's Physician Quality Reporting Initiative (PQRI), which begins July 1, 2007. Physicians enrolled in Medicare can get a one-time bonus payment for participating in PQRI. To view the article in its entirety, click [here](#). Please have your username and password ready.

CAFP's Annual Scientific Assembly

During our 59th Annual Scientific Assembly in San Francisco, we offered a recruitment breakfast and a Bonus Learning Session that focused on patient self-management and behavioral issues. The breakfast provided interested physicians with a preview of participation. We highlighted some of the results from our two Collaboratories and current participants shared their experiences. The recruitment breakfast then shifted to a Bonus Learning Session with a presentation by Judith Schaefer, MacColl Institute for Healthcare Innovation.

We also held a special Diabetes Care Coordinator training session. This interactive session was designed for family physician office staff members and was developed to train staff to serve as Diabetes Care Coordinators in the practice. The modules used for the session were developed by the California Diabetes Program. During the session, staff members learned the basics about diabetes, how to use a diabetes flow sheet, develop team care for diabetic patients, and assist physicians with group visits. Congratulations to the graduates, who each received an official care coordinator certificate at the end of the session.

Collaboratory Team Spotlight

In each issue of e-NDDC we will spotlight one of our past or current teams and the work they are doing on diabetes and re-design. If you have something you'd like to share, please contact Jane Cho, jcho@familydocs.org, to submit your thoughts. We'd love to have photos.



Dr. Craig Endo's team, from Pomona, is instituting group visits. Although it takes a lot of work, Dr. Endo and his partner Dr. Sun are excited that they have already completed the first session, and the next session is in the works. The Saturday visits last a few hours; Dr. Endo and Dr. Sun both spend individual time with patients and then they meet as a group. Patients have already provided very positive feedback. If you want more information on group visits, including issues such as involving staff and start-up, CAFP has several resource documents that will assist practices with group visits. Please click [here](#).

Diabetes Tip of the Month: "Mini Group Visits"

The March/April 2007 issue of the Center for Excellence in Primary Care's ([CEPC](#)) e-letter features an interview with Dr. Devin Sawyer about his innovation, "mini-group visits." This concept strikes a balance between a larger diabetes group visit and an individual patient visit. In each visit, three patients come in for an hour-long visit, and the same group comes together for a follow-up each time. The interview discusses the many advantages, challenges, and rewards of having a mini-group visit. You can download the full interview and get a sense of how to start one on your own at our [Resource Center](#).

Assembly Bill 1154 – Diabetes Risk Reduction, Pilot Program

We want to keep family physicians updated in the legislative arena when it comes to diabetes-related issues. AB 1154 was heard on April 24, 2007 in the Assembly Health Committee. This bill requires the Department of Public Health to develop a diabetes risk reduction pilot program within 24 counties. The program has many components, including: the use of media and technology to reinforce the benefits of diet and exercise, strategies to reduce diabetes in low-income, at-risk communities, strategies to promote the health of food stamp recipients and to reduce health risk behaviors, etc. The author of the bill is Assembly member Mark Leno from San Francisco.

A New Website for Women and Diabetes

The number of women who have diabetes is staggering. Out of the 21 million adults and children in the U.S who have diabetes, 9.7 million are women. Did you know that diabetes is a leading cause of death among middle-aged women? Also, the prevalence of diabetes is two to four times higher among minority women than among white women. These statistics were the genesis of a new women's health Web site, developed by the Women and Diabetes Workgroup. Go to the website at www.diabetes.org/women for more information on women's health issues, media coverage, FAQs, legislative issues, research related to women and diabetes, and other resources. Share this information with your colleagues and patients.

Feedback Please:

This is the second issue of e-NDDC. Please help us provide you valuable and practical information. Email either snewman@familydocs.org or jcho@familydocs.org and let us know what you think. If you'd like to share a story from your team, send it to us. We'll include your spotlight in an upcoming issue. Thanks.
