

e-NDDC Collaboratory News

April 2008

In order to provide information, updates, tips and tools to our NDDC collaboratory Teams, both graduates and current, we have developed this e-NDDC newsletter. The e-NDDC items are brief, and more information or details can be found on www.familydocs.org in the NDDC Resource Center. Please let us know what content you would find most useful, and submit your "STOC" wins for our Team Spotlight section.

CAFP Launches New Web site

Have you visited our web site lately? In an attempt to improve site functionality and enhance content, CAFP has launched a new Web Site. We hope to meet your needs with a couple clicks of the mouse. Check it out and let us know what you think!



Patient Tip Sheet in Various Languages/Cultures

The National Diabetes Education Program ([NDEP](#)) has developed diabetes prevention tip sheets tailored to high-risk populations. The [tip sheet](#) provides information to help your patients lose weight and stay healthy and are available for the following groups: African-Americans, Hispanics/Latinos, American Indians/Native Alaskans, Asian Americans and Pacific Islanders, older adults, and the general audience. The first 25 copies are free; CDs are also available. Call 1-800-860-8747.

New Coding and Billing Monograph Available

Ensure you and your staff know all the ins and outs of new, edited, and deleted CPT codes for 2008 so you get paid fully and fairly for the care you provide. CAFP recently released the second edition of *Strategies for Coding, Billing, and Getting Paid Appropriately: A Guide for Family Physicians*. Written by coding expert, Mary Jean Sage, the [monograph](#) is free and available on our Web Site. It touches on many aspects of payment to improve your bottom line. For more coding and payment information or other practice resources, go to www.familydocs.org/practice-resources.php.



2008 Annual Scientific Assembly It's not too late to sign up!

We are weeks away from our Annual Scientific Assembly, "Family Medicine's Clinical Roadmap to the Future," which will be held on April 26-27, 2008 at the San Francisco Marriott. We will not be having an NDDC bonus learning session this year, but we have quite a range of sessions, including a workshop on Diabetes & Culture. The meeting will provide more than 20 CME credits. [Register today](#) for \$99.

Resource to Address Tobacco Use and Diabetes with Your Patients

Help your patients quit smoking with a [Be Proactive Toolkit](#) by the California Diabetes Program, the CA Smokers' Helpline and the California Tobacco Control Program. By following the "Ask, Advise, and Refer" steps, you can help your patients quit smoking or find the resources to do so with a local cessation program. The toolkit includes cessation materials, patient and provider fact sheets, Smokers' Helpline materials, and more!

Collaboratory Team Spotlight

In each issue of e-NDDC we will spotlight one of our past or current teams and the work they are doing on diabetes and re-design. If you have something you'd like to share, please contact Jane Cho, jcho@familydocs.org, to submit your thoughts. We'd love to have photos.



In this issue, we highlight Dr. Carla Kakutani's practice, Sutter West Medical Group – Winters Care Center. Team member, Mercedes Dodge, was able to get a grant from the American Academy of Physician Assistants (AAPA) to conduct self-management support groups for Spanish-speaking

patients and to distribute pedometers. The first group visit was in January 2008. In order to improve attendance, the Winters team was able to get a notice on resident's water bill, which the community makes available for non-profits. They are also in the process of doing advertisements in the local paper. Their next Small Test of Change (STOC) is to focus on huddles and flagging diabetes patients on their EHR.

CAFP Advocates for Strong Medicine

CAFP's latest advocacy effort has resulted in a [monograph](#) exploring how physician supply, payment and safety net issues contribute to the fractured health care system. *Strong Medicine: Family Medicine's Fix for California's Fractured Health Care System* provides the facts on the future of family medicine and offers recommendations to address California's primary care shortage. For more information on what you can do to help advocate for your patients and primary care, go to our [advocacy](#) page.

Five Easy Steps to Implementing Informed Consent

The March 2008 issue of CAFP's *Practice Management News* addresses informed consent issues in clinical and hospital settings. The article provides an informed consent checklist for use in your practice. It also answers questions and offers suggestions the issue. The entire article is available [here](#).

Cholesterol Tracker

The American Heart Association has made available a useful [chart](#) to help your patients track their cholesterol at each visit. Print and share the handouts with your patients. They can record their cholesterol levels, along with their diet and exercise goals, to watch their progress and help stick to their plan for a healthier lifestyle. The chart is a nice take-away for patients to engage and develop self-management skills.



Feedback Please

This is the fourth issue of e-NDDC. Please help us provide you valuable and practical information. Email Jane jcho@familydocs.org or Sandy snewman@familydocs.org and let us know what you think.