

# **ANNOUNCING KAISER PERMANENTE SANTA ROSA'S FAMILY MEDICINE RESIDENCY**

**(& expanded 4<sup>th</sup> YEAR SUB-INTERNSHIPS in FAMILY MEDICINE)**

We are proud to announce the launch of our Family Medicine residency program, going live with its first six residents (the class of 2021) in July 2018. Our mission is to train full-scope Family Medicine physician leaders who will transform the culture of the healthcare system and maximize the total health of the community. We will be one of three Kaiser Permanente Family Medicine Residency programs in Northern California, together with Napa-Solano and San Jose, supporting Kaiser's commitment to graduate medical education and Family Medicine, both regionally and locally.

Medical students and residents have been rotating at Kaiser Santa Rosa for more than a decade. As we approach the recruiting season for our residency program, we welcome fourth year medical students to apply for our expanded 4-week Sub-I rotations and experience the breadth and depth of Family Medicine here in our residency Family Medicine Center, and in the busy community setting of Sonoma County. Students can apply through VSAS, and rotations begin this May.

Students will work one on one with residency faculty to care for and follow patients across the medical center, providing full scope care, including pediatrics, women's health/prenatal care, geriatrics and procedures in our fully integrated medical home. Sub-Is will experience Kaiser's innovative, team-based approach to preventive care, health education, and population management, as well as its use of cutting edge technology, such as video visits and teledermatology.

We offer three different Sub-Is on VSAS, and can tailor experiences to fit students' interests. For more information, please contact our Program Administrator, Laurie Sousa, at [KPSantaRosaFMR@kp.org](mailto:KPSantaRosaFMR@kp.org) or (707) 393-4015, or visit us on the web at [residency-ncal.kp.org](http://residency-ncal.kp.org).

## **FAM1: Family Medicine Sub-I: The Future of Primary Care**

Healthcare is changing at a rapid rate, and Kaiser Permanente is at the leading edge. This Sub-I will offer students training and experience in utilizing Kaiser's integrated healthcare system and nation's largest EMR to improve health and prevent disease. Students will see patients in our Family Medicine Center with residency faculty, delivering full-scope care and using evidence-based medicine, population management, and the power of our integrated, team-based model with ready access to specialists to provide optimal healthcare (not just sick-care!) Students will be given a small panel of high risk patients whom they will follow in partnership with nurses, pharmacists, and clinical health educators, and will also have the opportunity to round on newborns, work in the Sports Medicine clinic, and participate in a variety of group visits and health education classes.

## **FAM2: Family Medicine Sub-I: Integrative Medicine & Wellness Focus**

At Kaiser Permanente, "thrive" isn't just a slogan; it's a way of life. Integrative Medicine is a cornerstone of our new Family Medicine residency at Kaiser Permanente Santa Rosa. This Sub-

I will focus on healthcare that supports and honors the whole person. Students will work closely with our integrative medicine faculty physicians as well as acupuncturists, nutritionists, physical therapists, and health educators in a variety of classes, including yoga and mindfulness-based stress reduction. There will be an opportunity to tailor the rotation to individual interests. Students will learn how family physicians can successfully integrate complementary approaches into a busy primary care practice.

### **FAM3: Family Medicine Sub-I: Latino Health Focus**

Kaiser Permanente is committed to providing culturally competent care to the communities we serve. This Sub-I offers 4<sup>th</sup> year medical students who are passionate about Latino health the opportunity to serve the quickly growing Latino population in Sonoma County. Students will work in Kaiser Permanente Santa Rosa's "La Clinica" with our faculty physicians, gaining exposure to the breadth of health issues faced by Latino patients and improving their medical Spanish skills. This experience will demonstrate the positive impact Kaiser's integrated, population-based healthcare system can have on maximizing the total health of a community.